

# MULTISYSTEMIC THERAPY (MST) - ORIENTATION TRAINING AGENDA

September 16. – 20. 2019 Essendropsgate 3 Oslo

<b>Monday</b>		<b>Instructor:</b>
<b>Related Readings:</b>		<b>(1998 Chapter 2), 2009 Chapters 1,2,3, and 9</b>
<b>Topics:</b>	9:00-10:30	MST Overview
	10:30-10:45	Break
	10:45-12:00	MST Clinical Implementation: An Introduction and Overview
	12:00-1:00	Lunch
	1:00-2:30	MST Clinical Implementation (cont.)
	2:30-2:45	Break
	2:45-4:15	Understanding and Changing Family Relations in MST: Family Therapy Concepts and Strategies
	4:15-4:25	Break
4:25-5:00	Small Group Exercise	
<b>Tuesday</b>		<b>Instructor:</b>
<b>Related Readings:</b>		<b>2009 Chapter 3</b>
<b>Topics:</b>	9:00-10:30	Family Interventions: Improving Parent-Child Relations
	10:30-10:45	Break
	10:45-12:00	Family Interventions: Improving Parent-Child Relations (cont.)
	12:00-1:00	Lunch
	1:00-2:00	Family Interventions: Improving Parent-Child Relations (cont.)
	2:00-2:15	Break
	2:15-4:00	Family Interventions: Improving Couple Relations
	4:00-4:10	Break
4:10-5:00	Small Group Exercise	
<b>Wednesday</b>		<b>Instructor:</b>
<b>Related Readings:</b>		<b>(1998 Chapter 8 (227-233)), 2009 Chapters 5 and 7</b>
<b>Topics:</b>	9:00-10:45	Helping Families Build Social Supports
	10:45-11:00	Break
	11:00-12:15	Collaborating with Community Stakeholders
	12:15-1:15	Lunch
	1:15-2:30	Promoting Educational and Vocational Success
	2:30-2:45	Break
	2:45-3:45	Promoting Educational and Vocational Success (cont.)
	3:45-4:00	Break
	4:00-4:45	Small Group Exercise
<b>Thursday</b>		<b>Instructor:</b>
<b>Related Readings:</b>		<b>(1998 Chapter 5), 2009 Chapters 2 (32-38), 4 and 6</b>
<b>Topics:</b>	9:00-10:15	Changing Relations with Peers
	10:15-10:30	Break
	10:30-11:45	Changing Relations with Peers (cont.)
	11:45-12:45	Lunch
	12:45-2:30	Individual Interventions
	2:30-2:45	Break
	2:45-4:00	Addressing Aggression and other Risk of Harm
	4:00-4:30	Small Group Exercise
<b>Friday</b>		<b>Instructor:</b>
<b>Related Readings:</b>		<b>2009 Chapters 8 (250-262) and 10</b>
<b>Topics:</b>	9:00-10:35	Addressing Substance Abuse
	10:35-10:50	Break
	10:50-12:45	Addressing Substance Abuse (cont.)
	12:45-1:25	Lunch
	1:25-2:15	MST Therapists' Role in Continuous Quality Improvement
	2:15-3:15	Case Presentations